



# COMMUNITY NEWS

SUPPLEMENT  
July 2016

*This community newsletter is sent out monthly on behalf of tawalink.com, Tawa's community website since 2002. More regular community updates are available if you join more than 2630 other Tawa residents on neighbourly.co.nz. You can opt for daily updates or weekly updates from that site.*

THIS EDITION IS A SUPPLEMENTARY NEWSLETTER. THE NEXT FULL ISSUE IS SCHEDULED FOR EARLY AUGUST.

## HAVE YOUR SAY ON THE TAWA TOWN IMPROVEMENTS

*From WCC's City Planning & Design team:*

We are working to make Tawa town centre more attractive, vibrant and safe.

Your earlier feedback helped us identify areas you'd like to improve. We've developed ideas and would like your input to decide which improvements to fund and implement first. View the improvement options and provide feedback on our website at [www.planningoursuburbs.org.nz](http://www.planningoursuburbs.org.nz) (from 27 July).

You can also discuss the proposals with Council staff at the Tawa Community Centre, 5 Cambridge Street, on Wednesday 27 July 4pm to 8pm and/or Saturday 30 July 1.30pm to 4pm.

A budget of \$1 million is available to kick-start the improvements.

You have until Friday 26 August to provide feedback.



## PROGRESS WITH "THE BOROUGH"

An update has come through, along with the architect's drawing of what the new cafe/restaurant proposed for the Main Road alongside the library might look like.

Construction work is scheduled to start at the site later this week. And later next week an application for a liquor licence will be submitted to Council.

The following is from Wellington Hospitality, the operators of this venture: "As we have displayed in all of our suburban venues, we run good sociable environments with a heavy emphasis on food. The Borough will be no exception to this and in fact will have a heavier reliance on food given the proposed cafe environment during the daytime."

The project should be finished late August, early September.



## TEMPOFIT IN TAWA

Do you want to take your running to the next level?

Sick of running alone and after a team training environment with great coaching support? TempoFit provides team running training, and it's now on your back doorstep in Tawa.

Our Spring TempoFit Season (6 week block) starts in August. We meet at Tawa College on Mondays and Thursdays at 6am and we're finished by 7am. And for those who are keen there's the long slow social distance runs on Sundays at 8am where we run from various locations.

Who is TempoFit for? TempoFit is designed for your everyday jogger, plodder and weekend warrior. So long as you can run 5km non-stop (at any speed) you will fit in perfectly at TempoFit and have plenty of company.

TempoFit's Spring Season: 1 August – 9 September 2016 (6 weeks).

Are you thinking about getting back into running, want to train with others, or are you getting fit for an event? Come and be a part of TempoFit's fun team environment! Price: \$119

For more info go to [www.tempofit.co.nz](http://www.tempofit.co.nz) or contact Jo Murray on [jo@athleticswellington.org.nz](mailto:jo@athleticswellington.org.nz) or 021 976 116.



## HOP In

= Holiday DrOP In



**Holiday Fun for Care-givers and Pre-schoolers**

An opportunity for adult company while your pre-schooler plays in a safe environment

Plenty of toys and activities!

Morning tea available

**Everybody is welcome!**

**Join us on**

**Thursdays 14 and 21 July  
10am - 12 noon  
At Tawa Union Church, Elena Place.**

Enquiries to Karen 232 3436



## NORTH WELLINGTON VOLUNTARY SERVICE AWARDS

*Nominations for the presentation of the 2016 North Wellington Voluntary Service Awards are being called.*

Organisations that have volunteers who meet the following criteria, are invited to nominate any of their members for consideration.

To qualify for an award the person nominated must have performed **voluntary service:**

- 1 without any form of remuneration,
- 2 for a minimum period of five (5) years,
- 3 within the geographical area between Tawa/Linden in the north to Wadestown in the south and Kaiwharawhara and Ohariu Valley in the east and west.
- 4 Nominations **MUST** be forwarded by the Organisation. Personal nominations will not be accepted.

Nominations will only be accepted from the Organisation the nominee is associated with and personal nominations will not be accepted.

Nominations must be lodged on the formal Nomination Form and include all relevant information for consideration by Committee.

Forms are available from:

Newlands Community Centre,  
Johnsonville Citizens Advice Bureau,  
Johnsonville Electorate Office of the Hon Peter Dunne MP,  
Ray Good, Secretary on 971-3686 (Night) or 4788 315 (Day)  
Or email: [ray.good@paradise.net.nz](mailto:ray.good@paradise.net.nz).

**Nominations Close on Friday 29 July 2016**

## VOCAL FX IN NASHVILLE, TN

Wellington-based chorus Vocal FX have been named the sixth best barbershop chorus in the world at the Barbershop Harmony Society's 2016 International Convention in Nashville, Tennessee, USA.

See <http://www.stuff.co.nz/entertainment/music/82005126/kiwi-barbershop-chorus-impress-america-with-funk-and-haka-combo>

Vocal FX is directed by Charlotte Murray, the Murray name being synonymous with music in Tawa. The group contains several former Tawa College students including members of the Musical Island Boys in leadership roles, with Jeff Hunkin as co-director. Vocal FX practices take place on Monday nights at Tawa College.



## UPCOMING CLASSES WITH BRENDA

Weekly Group Classes: Remember when movement used to be fun, free, easy? Want to feel that way again? Regain lost movement, relieve pain and muscle tension and improve overall function. Any age or physical ability. Choose a class time. Monday 9.15am or Monday 7pm or Tuesday 5.30pm or Wednesday 9.15am. \$125 for 8 classes. Linden Social Centre. New term starts Monday 25 July.



Stop Tech Neck Workshop: Spend a lot of time working at a computer and experience neck shoulder and back pain? Learn how to change your postural and movement habits and get yourself out of pain. Saturday 23rd July 9.00am – 1.00pm. Linden Social Centre. \$80 early bird/\$95.

More details at [www.getmovingwithbrenda.co.nz](http://www.getmovingwithbrenda.co.nz) Brenda Stickley, Certified Feldenkrais Practitioner, M.S. Any questions? Phone 232 9364 / 021 163 8211.

## LAST CHANCE TO COMMENT ON WCC'S OPEN SPACE ACCESS PLAN

From the WCC website: "Walkers, runners and cyclists enjoy over 340 kilometres of walkways and tracks in Wellington City. To ensure these are well-managed and planned for the future we are doing a minor review of the Open Space Access Plan 2008. This plan guides the use and management of tracks and walkways in and between the city's open space network.

The review proposes opportunities for electric bike (e-bike) use within the open spaces network, and an updated implementation plan for track planning and development. We also wish to hear from you on a number of other matters, including:

- whether paper roads should be included into the open space network
- whether cyclists should be encouraged to use a bell
- if accessibility within the open spaces is adequately addressed."

Certain tracks in and around Tawa are mentioned in the proposals, including the Spicer Forest Road. For more info, see <http://wellington.govt.nz/have-your-say/public-inputs/consultations/open/open-space-access-plan> and let Council know your views. Submissions close at 5pm on Saturday 16 July.

Adios

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